



VMC Women InPower Leadership Development Coaching Program:

Women InPower Leadership Development Coaching Program is a year-long Individual and Group Coaching Program that helps mid-level and senior-level women understand, assert their leadership potential, and learn what kind of leader they want to become while also learning the strategy of how to become that leader.

This program is NOT FOR EVERYONE.

VMC works with women who will get the results because they show up fully committed, coachable, and resourceful.

Women InPower Leadership Development Coaching is about having the career, leadership position, AND the life that you want. This means enhancing your confidence that YOU can become a female leader, the know-how to get there, and how you can have an impact on other women through your leadership path. It includes:

- 5 years' access to online resources- pdfs, worksheets, etc.
- 5 years' access to any recorded trainings, i.e., video or audio.
- One year of unlimited, 24/7 written coaching support and feedback.
- One year of access to our closed Slack group where ladies may support each other, and I post additional resources.
- Weekly 1:1 coaching calls and twice monthly group coaching calls for one year.

VMC believes in service to the highest level. You will also receive upon completion of the program:

- Access to a closed Facebook group with like-minded females seeking career success.
- Regular bonus trainings to address various topics
- Ongoing coaching to ensure your massive success

Units One-Two: Reconfiguring Your Mindset

- Reconfigure Your Mindset to Become More Resilient
- Understand How to Adapt to Change
- Develop What Leadership Means to You & How to be Become a Leader

Units Three-Four: Balance Emotion with Reason

- What Makes A Great Leader?
- Understand how to make better decisions
- Develop Confidence & Courage

Units Four-Five: Enhance Interpersonal Communication Skills

- Learn the Secret to Great Communication
- Cultivate Better Communication Habits

Units Six-Seven: Enhance Social Leadership Traits

- Understand How to Maintain Transparency
- Recognize How to Collaborate, Cultivate, & Connect

Units Eight-Nine: Assess Your Personal Leadership Philosophy

- Learn Your Leadership Style
- Cultivate Your Leadership Persona

Units Ten-Twelve: Evaluate Your Authentic Leadership Potential

- Estimate Authentic Leadership Style
- Focus on Your Results